

## Hesleden Primary School – PSHCE OVERVIEW - 2020 - 2021 [Cycle B]

<b>Relationships</b> <i>Families and Relationships / Safe Relationships / Respecting ourselves and others</i>	<b>Class 1 - EY</b>	<b>Class 4 - Y5</b>
<b>Living in the Wider World</b> <i>Belonging to a community / Media Literacy &amp; Digital Resilience / Money &amp; Work</i>	<b>Class 2 - Y1/2</b>	<b>Class 5 - Y6</b>
<b>Health and Wellbeing</b> <i>Physical Health and Mental Wellbeing / Growing &amp; Changing / Keeping Safe</i>	<b>Class 3 - Y3/4</b>	

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Class 2</b>	Keeping healthy, food, exercise, hygiene and sleep	How rules and restrictions help us  Recognising what makes us unique	Money - wants and needs  Keeping safe online	Belonging to groups, community  What rules are for caring for others and the environment	Making friends, where to get help  Managing secrets, staying safe	How behaviour affects others and consequences
<b>Class 3</b>	Healthy choices and habits  Risks and hazards in the local environment	Physical and emotional changes  Meds, drugs and household products safety	Recognising respectful behaviour to others and ourselves  positive friendships and online	Respecting similarities and differences  Personal boundaries Responding safely to hurtful behaviour	Value of rights and laws, freedoms and responsibilities  Money, skills and jobs	What makes a community and shared responsibilities
<b>Class 4</b>	Managing friendships  Recognising & responding respectfully to others	Feeling safe  Feelings and contact	Protecting the environment  Media targeting - types/roles/ impact	Careers, choices & influences	Personal identity, looking after own MH  Healthy choices sleep/ sun / immun & vaccinations	Keeping self safe 1st aid / emergencies & FGM
<b>Class 5</b>	Managing transition  Puberty	Drug uses And the law  Keeping personal information safe	Evaluating media, sharing online  Valuing diversity	Financial risks  Attitudes to money	Relationships Civil - marriage Partnerships  Managing pressures and consents to various situations	Opinions/views  Respecting views of others  Debate