

Hesleden Primary School - Long Term Plan for PSHCE
Year 2022 - 2023 CYCLE B

Relationships <i>Families and Relationships / Safe Relationships / Respecting ourselves and others</i>	Class 1 - EY	Class 4 - Y5/6
Living in the Wider World <i>Belonging to a community / Media Literacy & Digital Resilience / Money & Work</i>	Class 2 - Y1/2	
Health and Wellbeing <i>Physical Health and Mental Wellbeing / Growing & Changing / Keeping Safe</i>	Class 3 - Y3/4	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1						
Class 2	<p>How do we decide to behave?</p> <p>(CONSENT)</p> <p>How can we help?</p>	<p>What is bullying?</p> <p>What can we do with money?</p>	<p>How do we keep safe?</p> <p>How can we be healthy?</p>	<p>How do we keep safe?</p> <p>What is the same and different about us?</p>	<p>How do we feel?</p> <p>How do we show our feelings?</p>	<p>What makes us special?</p> <p>How can we keep safe in different places?</p>
Class 3	<p>What are the rules of keeping us safe?</p> <p>(CONSENT)</p> <p>What is diversity?</p>	<p>What can we do about bullying?</p> <p>How can we be a good friend?</p>	<p>What are we responsible for?</p> <p>How do we grow and change?</p>	<p>How can we describe our feelings?</p> <p>....</p> <p>...</p>	<p>How do we keep safe in our local areas?</p>	<p>What jobs would we like?</p>
Class 4	<p>What makes a community?</p> <p>(CONSENT)</p> <p>How can we manage risk?</p>	<p>What does discrimination mean?</p> <p>What are Human Rights?</p>	<p>What choices help health?</p> <p>Yr 5 Puberty/Menstruation</p>	<p>What makes us enterprising?</p> <p>How can we manage our money?</p>	<p>How can money affect us?</p>	<p>What makes a healthy and happy relationship?</p>